PROVIDER NEWSLETTER

4TH Quarter 2023

INSIDE THIS ISSUE

- Updates and Reminders
- Contact Information
- News and Partnership Opportunities
- Quality Information
- Training Resources
- SKY - Supporting Kentucky's Youth
- EPSDT
- Care Management

It's ALL ABOUT YOU!!!!

ABHKY has updated and streamlined our communication platform. We want to provide you, in conjunction with your individual needs, the information you need, when you need it. Please take a moment and click the following link to ensure the contact information for you and all in your organization is accurate in our system.

CLICK HERE

QUESTIONS???

Our Network Relations
help center is always available at
1-855-300-5528 (TTY: 711).

There for you

State Information Exchanges

n Kentucky, we have several health information exchanges and repositories that can be useful to access, locate, and share patient health information among health provider and managed care organizations (MCOs). The main two health information systems to use are the Kentucky Health Information Exchange (KHIE) and the Kentucky Immunization Registry (KYIR)

We are excited about the increase in online interactions available to support you as you provide services to our members.

Kentucky Health Information Exchange (KHIE)

The Kentucky Health Information Exchange (KHIE) is a secure network where participants with certified electronic health record technology (CEHRT) can access, locate, and share needed patient health information with other healthcare providers at the point of care. KHIE Participants have access to the following types of data: patient demographics, lab and pathology results, transcribed reports including radiology, immunization data, summaries of care, treatment plans, behavioral health data, and transfer data.

For more information and registration: **khie.ky.gov/Get-Started/Pages/default.aspx**

Kentucky Immunization Registry (KYIR)

The Kentucky Immunization Registry (KYIR) is a web-based, statewide registry that collects and reports immunization data across a variety of metrics. Users can be electronic or manual, connecting to the system through electronic health records (EHR), or the through the KYIR web application. The system protects data quality and combines individual immunization information into a single, accurate record. KYIR can receive and send data securely to ensure privacy, confidentiality, and accuracy.

To register: **chfs.ky.gov/agencies/dph/dehp/idb/Pages/kyir.aspx**

Why Should We Use Health Information Exchanges (HIE)? Using available health information exchanges can be useful in many ways for providers and managed care organization (MCOs) alike. Using HIEs can help to support public health efforts by creating a feedback loop for health-related research and practice. It can also allow public health researchers and officials to keep track of health trends to improve health outcomes. HIEs create a way for providers to communicate with one another to coordinate treatment plans and eliminate redundancies in testing, health services, or medications and/or vaccinations administered, ultimately improving health quality and efficacy. The use of HIEs is also a bridge between providers and MCOs to ensure easy data transfer for record abstraction and accurate claim filing, streamlining administrative tasks. This simplifies the record sharing process and allows for a more efficient and accurate data transfer.

Sources: 1. Team Kentucky, "Kentucky Immunization Registry (KYIR)", Retrieved from chfs.ky.gov/agencies/dph/dehp/idb/Pages/kyir.aspx 2. Team Kentucky, "KYIR Training and Information Resources;" chfs.ky.gov/agencies/dph/dehp/idb/Pages/kyirtrain.aspx 3. Kentucky Health Information Exchange," About KHIE;" khie.ky.gov/About/Pages/About-KHIE.aspx 4. Kentucky.gov, "Researching Vaccine Records Made Easy: A Guide for the KY School Nurse;" education.ky.gov/districts/enrol/Documents/
Researching%20Vaccine%20Records_ASM_ADA_2022.pptx.gov, "HIE Benefits;" healthit.gov/topic/health-it-and-health-informationexchange-basics/hie-benefits#:~:text=HIE%20benefits%20include%3A&text=Provides%20caregivers%20with%20clinical%20 decision,related%20research%20and%20actual%20practice 5. HEATHIT.gov, "Health Information Exchange: The Benefits;"healthit.gov/faq/why-health-information-exchange-important

REMINDERS

Network providers are essential partners to advancing health equity

Earn a new Care Champion badge for your provider profile

Culturally Responsive Care Champion (tier 1)   LGBTQ+ Responsive Care Champion   Culturally Responsive PCP Behavioral Health Champion

At Aetna®, we're committed to health equity and believe everyone should have a fair and just opportunity to be as healthy as possible.

New courses available
We're launching a new *clinical*

REMINDER: Effective November 9, 2023, Aetna Better Health of Kentucky health plan will no longer require prior authorization for the set of codes listed below:

Description
- **93462 -** Left heart catheterization by transapical puncture through intact septum or by transapical puncture (List separately in addition to code for primary procedure)
- **93352 -** Use of echocardiographic contrast agent during stress echocardiography (List separately in addition to code for primary procedure)

Additionally, the Aetna Better Health of Kentucky health plan will no longer require prior authorization for the set of codes listed below, effective **January 1, 2024.**

Please note: In accordance with 907 KAR 1:060, the Physician Certification PCOS form must be submitted with your claim.

- **A0080 -** Non-emergency transportation, per mile - vehicle provided by volunteer (individual or organization)
- **A0090 -** Non-emergency transportation, per mile - vehicle provided by individual (family member, self, neighbor) with vested interest
- **A0100 -** Non-emergency transportation; taxi

educational hub for health care professionals. The hub, which includes courses, addresses health equity and related topics. The courses are meant to help
care teams reduce the barriers that underserved and marginalized patients experience. The hub can help empower you with the skills, knowledge, and tools you need for everyday interactions with patients.

Start training today
You can access the on-demand, free, accredited courses to earn digital Care Champion badges for your provider profile in three clinical areas of focus.
· *Culturally Responsive Care*
· *LGBTQ+ Responsive Care*
· *Culturally Responsive PCP Behavioral Health Care*

To earn a badge, you'll need to:
1. Complete the Foundational Activity course
2. Complete a role-specific course
3. Complete the therapeutic area-specific courses

Your digital Care Champion badge will be added to your profile and be visible to Aetna members in our provider directories.

- **A0110 -** Non-emergency transportation and bus, intra or interstate carrier
- **A0120 -** Non-emergency transportation: mini-bus, mountain area transports, or other transportation systems
- **A0130 -** Non-emergency transportation: wheelchair van
- **A0426 -** Ambulance service, advanced life support, non-emergency transport, Level 1 (ALS 1)
- **A0428 -** Ambulance service, basic life support, non-emergency transport (BLS)
- **T2005 -** N-ET; stretcher van

Therapeutic Rehabilitation Program & Peer Support Services

Aetna Better Health of Kentucky would like to ensure providers have the below information regarding the provision and reimbursement for Therapeutic Rehabilitation Program (TRP) services and Peer Support Services (PSS) billed on the same date of service for the same member.

· As TRP services may be provided by an Adult, Family, or Youth Peer Support Specialist working under the supervision of an approved behavioral health practitioner, PSS are considered included in the TRP service and are not separately billable.

· The billing provider of the TRP service should not also bill for PSS services provided to the same member on the same date of service.

Please refer to the following applicable KAR.

907 KAR 15:005. Definitions for 907 KAR Chapter 15.
https://apps.legislature.ky.gov/law/kar/titles/907/015/005/

907 KAR 15:010. Coverage provisions and requirements regarding behavioral health services provided by individual approved behavioral health practitioners, behavioral health provider groups, and behavioral health multi-specialty groups.
https://apps.legislature.ky.gov/law/kar/titles/907/015/010/

907 KAR 15:020. Coverage provisions and requirements regarding services provided by behavioral health services organizations for mental health treatment.
https://apps.legislature.ky.gov/law/kar/titles/907/015/020/

November - American Diabetes Month

Diabetes in Kentucky

From 2000 to 2018, diagnosed diabetes in Kentucky adults has doubled from 6.5% (198,052) to 13.7% (474,456 or 1 in 7). Kentucky ranks 8th highest in the U.S. for diabetes prevalence. (Nationwide median:10.5%) An estimated 158,200 adult have diabetes but are undiagnosed (based on national rate). 3,352 youth had a diabetes diagnosis claim in the Kentucky Employees' Health Plan (278) and Medicaid (3,074). In 2017, Kentucky had the 5th highest death rate (27.7) in the nation due to diabetes. This is an increase from 14th in 2014. Diabetes is the 6th leading cause of death by disease in Kentucky and in the United States. It is the 3rd leading cause of death by disease for African Americans in Kentucky (2017).

Why is it serious?
Diabetes can be associated with complications such as heart disease, stroke, blindness, kidney failure, lower-limb amputation and ketoacidosis. These can reduce length and quality of life.

Clinical Practice Guidelines
Diabetes Clinical Practice Guidelines are available for your review and posted on our website:

Clinical Practice Guidelines

To find available DSMES services in your area, go to Kentucky Diabetes Resource

Are you talking to your patients about Diabetes?

Much of diabetes-related sickness and death can be prevented, delayed, or reduced.

Educate patients on the warning signs of Type 1 Diabetes – including excessive thirst, frequent urination, unexplained weight loss, and severe fatigue and encourage them to see their provider to schedule testing.

Quality care from health care teams including aggressive treatment to manage A1C, blood pressure and cholesterol and promotion of smoking cessation is critical to reduce risks for diabetes-related complications.

Diabetes self-management education and support (DSMES), appropriate self-care and

Directory at:

https://prd.chfs.ky.gov/KYDiabetesResources/

Additional free resources for you and your patients with diabetes can be found on the Kentucky Diabetes Network website at:

http://www.kydiabetes.net/

other risk reduction and behavior change strategies are also critical to manage diabetes and avoid complications.

DSMES

DSMES is recommended for all persons with diabetes, especially at these four critical times:

-At diagnosis
-Annually (to assess education, nutrition, and emotional needs)
-When new complicating factors influencing self-management emerge
-When transitions in care occur

Source: (Diabetes Care 2015 Jul; 38(7): 1372-1382)

Social Determinates of Health

People that struggle with reliable transportation, lack access to nutritious food, or have housing that is not in a safe neighborhood, may delay care or be unable to get to their appointments on time. Today's providers must recognize the impact these so named social determinants of health (SDOH) have on their patient's overall health status and their ability to manage their health. Several tools exist that can be used to screen for SDOH's, including the Protocol for Responding to and Assessing Patients' Assets, Risks and Experiences (PRAPARE) available at this link:

SDOH Questionnaire

Aetna Better Health of KY can help with resources. Reach out to Member Services at 1-855-300-5528 for assistance.

Kentucky's kids need our help

Better Together In response, Aetna is Working to Improve Rates of Weight Assessment and Counseling for Nutrition and Physical Activity and Evidence-Based Management and Treatment of Overweight and Obesity Among the SKY Population.

Mark your calendar to attend Aetna's online Evidence-Based Guidelines for Weight Management Among the SKY Population Training.

· Training will be offered on quarterly basis in 2022.
· Dates: 2/16, 5/18, 8/17, 11/16
· Time: 11a-12p

Visit our News and Events page for more information and registration.

Kentucky has the highest overall youth obesity rate, 23.8 percent of youth ages 10 to 17. In addition, racial and ethnic disparities persist, with rates remaining significantly higher among Black, Hispanic, American Indian/Alaska Native, and Native Hawaiian/Pacific Islander youth than among white or Asian youth.
-State of Childhood Obesity Report: Prioritizing Children's Health During the Pandemic (Robert Woods Johnson Foundation,2020).

News and Events

Complete Change Talk: Childhood Obesity™ Motivational Interviewing (MI) Modules for AMA Credit.

What is the Change Talk: Childhood Obesity™ Motivational Interviewing (MI) Application?

MI is an evidence-based and patient-centered method for enhancing intrinsic motivation to change health behaviors. **The American Academy of Pediatrics and the Institute for Healthy Childhood Weight has developed a motivational interviewing simulation experience,** Change Talk: Childhood Obesity™, designed to help health professionals manage difficult conversations associated with childhood obesity and the potential risk factors.

Providers can earn 1 AMA credit for completing the application and it is free to download and use. After completion of the Change Talk: Childhood Obesity™, the credit certificate is available immediately.

Change Talk: Childhood Obesity™ is available for download from the Apple App Store℠, Google Play™ and the Windows Store. The web version can be accessed at:

http://ihcw.aap.org/resources or **_www.kognito.com/changetalk._**

Let us know! For Aetna's quality tracking purposes, complete the survey by scanning the provided QR code or clicking the survey linked below as an attestation for completion of the Change Talk: Childhood Obesity™ Motivational Interviewing (MI) Modules.

Survey Link

WCC is a HEDIS measure that provides information on the percentage of members 3–17 years of age who had an outpatient visit with a PCP or OB/GYN and who had evidence of the following during the measurement year:

* BMI percentile documentation
* Counseling for nutrition
* Counseling for physical activity

Which billing codes can be used for WCC services?

1. Pediatric BMI percentile
* * Less than 5th percentile for age: Z.68.51
* * 5th percentile to less than 8th percentile for age: Z68.52
* * 8th percentile to less than 95th percentile for age: Z.68.53
* * Greater than or equal to 95th percentile for age: Z68.54

2. Counseling for nutrition
* ICD-10 CM Code: Z71.3 (Dietary counseling and surveillance)
* CPT Codes: 97802-97804
* HCPCS: G0270, G0271, G0447, S9449, S9452, S9470

3. Counseling for physical activity
* ICD-10 CM Code: Z02.5 (Sports physical), Z71.82 (Exercise counseling)

SKYLITES

The Kentucky Cabinet for Health and Family Services selected Aetna to serve as the single statewide MCO to oversee and coordinate services for children and youth who are receiving state care. This includes foster children, children involved with the Juvenile Justice system and children in Kinship care, to name a few. Having a single point of contact makes working through obstacles that are often associated at this level, much more simple and coherent. Aetna is the sole statewide coordinator of physical health, behavioral health, dental care and social services for children and youth.

How does this affect YOU, their provider???

The SKY program serves approximately 27,000 children and youth across the Commonwealth. These children are at higher risk of developmental and/or behavioral concerns. You are likely to see one or more of these children in you relative practice. Our SKY team wants to assist you in your efforts to provide services for them. Each child is assigned a care manager who works to get to know that child so they can best coordinate services . We also offer trainings for you and your staff, that can help you navigate the unique aspects of care needed.

A partnership between the SKY program and providers helps ensure Kentucky's children are receiving the best care possible. TOGETHER we can make systematic change. Please click here to visit our website where you can learn more about the SKY program and find resources that will help in the management of one of Kentucky's most vulnerable populations.

Learn More About SKY

EPSDT

As you are aware EPSDT (Early and Periodic Screening, Diagnosis and Treatment) is a federally mandated Medicaid program for children. In the Commonwealth of Kentucky, it can be divided into both EPSDT Screenings and EPSDT Special Services.

A quick reminder - the areas of health care that are checked include: preventive check-ups, growth and development assessments, vision, hearing, dental, immunizations and laboratory tests. Children should receive health check-ups regularly or before the following ages: 1 month, 2 months, 4 months, 6 months, 9 months, 12 months, 15 months, 18 months, 24 months, 30 months and once a year for ages 3–20.

Should the PCP be unable to provide all the components of the EPSDT exam, or if screenings indicate a need for evaluation by a specialist, a referral must be made to another participating provider within the Aetna Better Health of Kentucky network that is qualified to treat the condition.

Care management and support

Aetna Better Health reminds members of the importance of EPSDT and sends reminders when screenings are due. Aetna Better Health also provides care management services including case management programs, disease management programs and social work assistance for our members with special needs, complex medical conditions or chronic medical conditions.

More information including all the required components of a full medical screening can be found on the website at:

https://www.aetnabetterhealth.com/kentucky

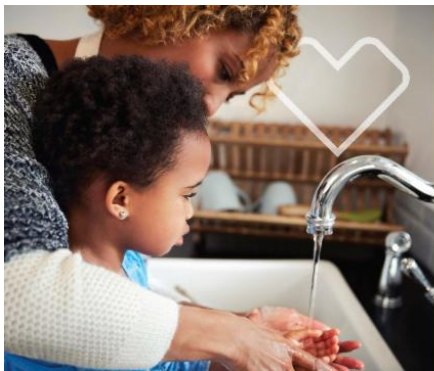**CONNECT WITH US**
AND JOIN THE CONVERSATION

Don't Forget

Send any Provider Directory Updates to
kyproviderupdates@aetna.com

· NEW OFFICE ADDRESS
· NEW OFFICE PHONE NUMBER
· CHANGES IN PANEL INFORMATION

We rely on your communication of changes to keep our directory updated.

Medicaid just got better.
AetnaMedicaidKY.com

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