

 Aetna Better Health of Kentucky 9900 Corporate Campus Drive Suite 100 Louisville, KY 40223	Date	04/04/2023
	To	All Network Providers
	From	Provider Experience
	Subject	Targeted Case Management Care Plans
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## Targeted Case Management Care Plans (T2023)

Aetna Better Health of Kentucky would like to provide education and clarification of the expectations regarding Targeted Case Management (T2023) care plans.

This clarification is specific to the question, is a specific Targeted Case Management care plan required, or may Targeted Case Management services be added to the recipient's overall plan of care? The following education reflects guidance from the Department for Medicaid Services, Behavioral Health Division of Policy & Operations.

- **Targeted case management services covered under the below administrative regulations shall include the development and periodic revision of a specific care plan for the recipient.**
  - While Targeted Case Management services should be identified in a recipient's overall treatment plan along with all other services being provided to the member, there must be a care plan specific to Targeted Case Management services to meet regulatory requirements.
  - After it has been identified that there is a need for Targeted Case Management services, the Targeted Case Manager must perform a Targeted Case Management assessment and develop a **specific Targeted Case Management care plan** to address the identified medical, social, educational, or other needs identified in the Targeted Case Management assessment or re-assessment.
  - The Targeted Case Management care plan should contain specific Targeted Case Management goals and measurable objectives detailing the specific course of action to respond to the assessed needs of the recipients.
  - There should also be reasonable timelines identified for when they expect to accomplish these objectives.

**For complete coverage provisions, reimbursement provisions and requirements regarding Targeted Case Management, see the below Kentucky Administrative Regulations.**

907 KAR 15:040. Coverage provisions and requirements regarding targeted case management for individuals with a substance use disorder.

<https://apps.legislature.ky.gov/law/kar/907/015/040.pdf>

907 KAR 15:045. Reimbursement provisions and requirements for targeted case management services for individuals with a substance use disorder.

<https://apps.legislature.ky.gov/law/kar/907/015/045.pdf>

907 KAR 15:050. Coverage provisions and requirements regarding targeted case management for individuals with a mental health or substance use disorder and chronic or complex physical health issues.

<https://apps.legislature.ky.gov/law/kar/907/015/050.pdf>

907 KAR 15:055. Reimbursement provisions and requirements regarding targeted case management for individuals with a mental health or substance use disorder and chronic or complex physical health issues.

<https://apps.legislature.ky.gov/law/kar/907/015/055.pdf>

907 KAR 15:060. Coverage provisions and requirements regarding targeted case management for individuals with a severe mental illness and children with a severe emotional disability.

<https://apps.legislature.ky.gov/law/kar/907/015/060.pdf>

Questions?

Simply contact your Network Relations Manager. Our most current listing is attached, the listing can also be found on our website.