

Louisiana Behavioral Health Crisis Hotline

I'm having a behavioral health crisis



If you are having emotional distress due to problems with your mental health or substance use and need help right away, we are here to help you. Call Aetna Better Health's 24-hour behavioral health crisis line at **1-833-491-1094 (TTY: 711)**.

We've got you covered



We will connect you to a team member ready to help you right away. You can speak to a licensed mental health professional who can provide crisis counseling over the phone. We can also help you find a behavioral health treatment provider in your area or other resources to meet your needs.

Learn more about mental and behavioral health



For more information about Aetna Better Health's behavioral health services, visit our website at **AetnaBetterHealth.com/Louisiana**

