



Follow-Up After Hospitalization for Mental Illness (FUH)

HEDIS® Measurement Year 2024

Measure description: This measure captures the percentage of discharges for members 6 years of age and older (as of the date of discharge) who were hospitalized for treatment of selected mental illness diagnoses and who had a follow-up visit with a mental health practitioner. Two rates are reported:

- Follow-up within 30 days after discharge.
- Follow-up within 7 days after discharge.

Special programs

Our special programs help members deal with chronic diseases or high-risk factors. Our care managers will give member resources to help. Members will also get one on one health coaching and special care. Please refer members Member Services for more information at **1-800-279-1878 (TTY 711)**.

Numerator codes

There is a large list of approved NCQA codes used to identify the diagnosis and services included in the FUH measure.

To count for adherence, a Mental Health Practitioner Taxonomy Code must accompany an appropriate visit code.

For a complete list, refer to the NCQA website at www.ncqa.org.

Strategies for improving conditions and increasing rate of follow up care

- Outpatient treatment received prior to inpatient care can be a predictor of follow up care and how patients recover post discharge – encourage medication and treatment regimen adherence.
- Provide culturally competent care – be aware that a patient’s culture and belief system can influence if they will seek help, what type of help they want, what coping styles and supports they have and what treatments might prove to be successful.
- Provide credible resources to patients in order to address any fears and stigma related to mental illness.
- Improvement in care coordination during the patient’s transition out of the hospital.
- Prepare patient for discharge. Appropriate discharge planning and scheduled follow up with their PCP prior to discharge.
- Refer patient to behavioral health supports such as a community health worker.

Quality Measure Toolkit

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