



Statin Therapy for Patients with Cardiovascular Disease (SPC)

HEDIS® Measurement Year 2022

Measure description: This measure captures the percentage of males 21–75 years of age and females 40–75 years of age during the measurement year, who were identified as having clinical atherosclerotic cardiovascular disease (ASCVD) and met the following criteria. The following rates are reported:

- 1. Received Statin Therapy. Members who were dispensed at least one high-intensity or moderate-intensity statin medication during the measurement year.**
- 2. Statin Adherence 80%. Members who remained on a high-intensity or moderate-intensity statin medication for at least 80% of the treatment period.**

Eligible population

Report two age/gender stratifications and a total rate.

- Males 21–75 years as of December 31 of the measurement year.
- Females 40–75 years as of December 31 of the measurement year.
- Total.

Tips for improving medication adherence

- Develop a medication routine with each patient if they are on multiple medications that require them to be taken at different times Utilize pill boxes or organizers
- Advise patients to set up reminders and alarms for when medications are due
- Discuss potential side effects and ways to treat the side effects of medications

Measure adherence

Adherence for the SPC measure is determined by the member being prescribed and remaining on their high-intensity or moderate-intensity statin medications for 80% of their treatment period.

This is determined by pharmacy claims data (the plan will capture data each time the member fills their prescription).

The medications the NCQA lists in the HEDIS specifications are below. This is a general list and should not replace the advice or care you provide your patients regarding what is optimal to meet their healthcare needs.

High- and Moderate-Intensity Statin Medications

Description	Prescription
High-intensity statin therapy	Atorvastatin 40-80 mg Amlodipine-atorvastatin 40-80 mg Rosuvastatin 20-40 mg Simvastatin 80 mg Ezetimibe-simvastatin 80 mg
Moderate-intensity statin therapy	Atorvastatin 10-20 mg Amlodipine-atorvastatin 10-20 mg Rosuvastatin 5-10 mg Simvastatin 20-40 mg Ezetimibe-simvastatin 20-40 mg Pravastatin 40-80 mg Lovastatin 40 mg Fluvastatin 40-80 mg Pitavastatin 2-4 mg

Quality Measure Toolkit

[AetnaBetterHealth.com/Virginia](https://www.aetna.com/betterhealth/virginia)

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