

HEDIS® Lunch and Learn

August 2023
Gaps in Care





Improving Gaps in Care

Annual HEDIS medical record review is used to capture data in charts, that were not captured via claims or supplemental source, to ensure members are receiving the care they need for their health conditions.

Mid-February through the end of April, ABHWV sent provider offices a list of members with a medical record request for each member. The following information includes common observations from the HEDIS medical record review season, that resulted in gaps in care remaining open.



Improving Gaps in Care (cont.)

Types of HEDIS data collected:



Administrative

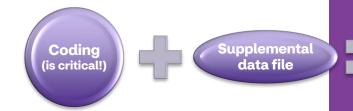
Electronic Digital Clinical Measures (ECDS)

Submitted claims and encounters, supplemental data, digital data

There are 90+ HEDIS measures

Most measures are administrative methodology

No chart review





Hybrid

Administrative data PLUS chart collection/review

- Cervical Cancer Screening
- Controlling High Blood Pressure
- Diabetes (A1c, Eye Exam, BP)
- Childhood Immunizations
- Adolescent Immunizations
- Prenatal and Postpartum Care
- BMI percentile and Nutrition/ Physical Activity counseling for children





Cervical Cancer Screening



Cervical Cancer Screening (CCS)

Measure Requirements:

Women 21-64 years of age that were screened for cervical cancer using either of the following criteria:

- Age 21-64 Cervical cytology performed within the last 3 years.
- Age 30-64 Cervical high-risk human papillomavirus (hrHPV) testing performed within the last 5 years.
- Age 30-64 Cervical cytology/high-risk human papillomavirus (hrHPV) co-testing performed within the last five years.

- PAP results not found in chart.
- GYN pap history not always documented and/or sent (date last done and results. Can be documented in history, not just in a lab report)
- Co-testing not done for women ages 30-64 (i.e., only PAP test present).
- Documentation of specific type of hysterectomy not clear.

Prenatal and Postpartum Care (PPC)

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Measure Requirements:

The percentage of live births on or between October 8 of the year prior to the measurement year and October 7 of the measurement year:

- 1. **Prenata**l The percentage of deliveries that received a prenatal care visit (*with an OB/GYN or PCP*) in the first trimester, on or before the enrollment start date or within 42 days of enrollment in the organization.
- 2. Postpartum postpartum visit on or between <u>7 & 84</u> days after delivery (OB/GYN or PCP).

- Prenatal care not completed or not completed within the timeframe (late start prenatal care).
- Member does not have a postpartum visit or visit is late.
- Member had a visit within postpartum time frame, but documentation did not meet criteria for a postpartum visit.



Weight Assessment & Counseling for Nutrition and Physical Activity (WCC)



Weight Assessment & Counseling for Nutrition for Physical Activity (WCC)

Measure Requirements:

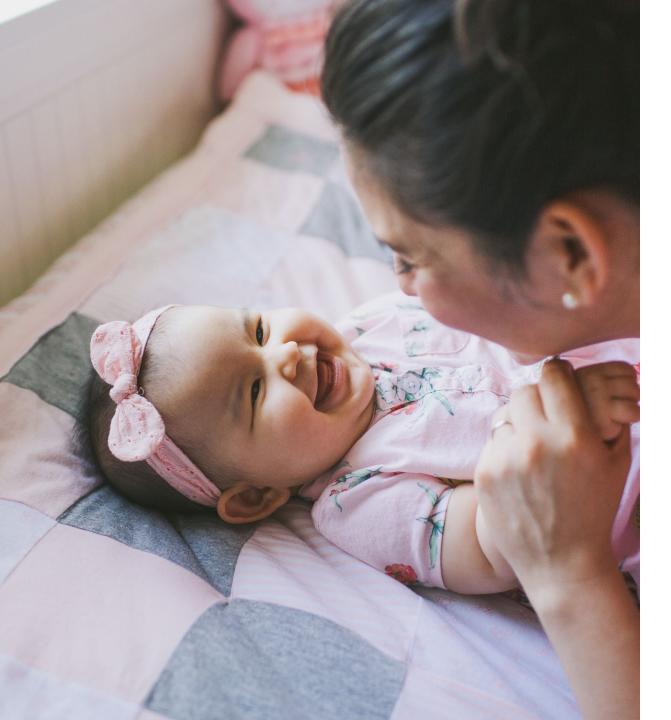
Members 3-17 years who had evidence of the following in the measurement year:

- BMI percentile or BMI percentile plotted on growth chart (ht and weight also required!)
- 2. Counseling for nutrition
- Counseling for physical activity

- BMI value only and no BMI percentile documented.
- BMI growth charts not submitted.
- EPSDT form not always filled out (extremely helpful at times for nutrition/physical activity counseling!)
- No physical activity discussion documented for younger ages (usually in the 3-5 yr old range).
- Counseling on physical activity and nutrition was related to an acute or chronic illness, and not general education or discussion.



Immunizations (CISQ/IMA)



Immunizations (CISQ)(IMA)

Measure Requirements:

CISQ: Children who turn 2 years of age in the measurement year and receive the following immunizations by their 2nd birthday:

- 4 DTaP, 4 PCV, 3 IPV, 3 HIB, 3 Hep B, 1 MMR, 1 VZV, 1 Hep A, 2 or 3 Rotavirus, 2 Influenza, and
- · At least one capillary or venous lead blood test.

IMA: Adolescents that turn 13 years of age in the measurement year and receive the following immunizations by their 13th birthday:

- 1 Meningococcal between 11th and 13th birthday,
- 1 Tetanus, diphtheria toxoids and acellular pertussis (Tdap) on or between the 10th and 13th birthday, and
- At least 2 HPV vaccines on or between the 9th and 13th birthday. If two doses, must be at least 146 days apart.

- Immunizations received too early or too late.
- · Immunization record missing from chart.
- Vaccine series not completed (i.e., three of four DTaPs for CISQ, one of two/three HPVs for IMA, etc).
- Rotavirus not documented as 2 or 3 dose
- Birth hep B not documented
- Not at least 146 days apart for two doses of HPV
- Blood lead test not ordered, not completed when ordered, or completed after 2nd birthday.
- Blood lead test completed, but not submitted with HEDIS medical record requests. This includes in-office lead tests.
- No documentation of parent refusal.

Diabetes Care and Management (BPD, HBD, EED

formerly CDC)

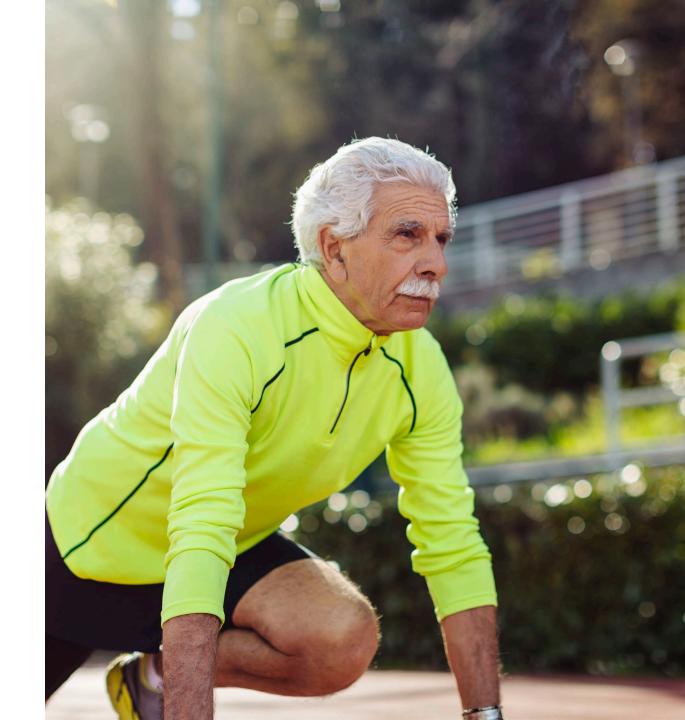
Comprehensive Diabetes (CDC)

Measure Requirements:

Members 18-75 years of age in the measurement year with a diagnosis of diabetes (Type 1 or 2) and that have each of the following performed annually:

- 1. HbA1c control <8.0%
- 2. Retinal or Dilated eye exam
- Blood Pressure Control <140 systolic and <90 diastolic).

- Elevated blood pressure not reassessed and documented
- Documentation in chart includes ranges and not the exact blood pressure (i.e., running in the 130s/80s)
- A1c ordered, but not completed
- A1c uncontrolled
- Documentation stating A1c had been completed day of visit, but no results sent with documentation
- In-office A1cs not included with submitted records
- Eye exams ordered or referred, but not completed
- Retinal eye exam gap in care not assessed/documented to result in a referral/education
- Member received eye exam, but did not receive retinal exam to check for retinopathy



Controlling High Blood Pressure (CBP)



Controlling High Blood Pressure (CBP)

Measure Requirements:

Members 18-85 years of age in the measurement year with a diagnosis of hypertension whose blood pressure is adequately controlled.

- Must be the last blood pressure reading in the measurement year.
- Blood Pressure is <140 systolic and <90 diastolic.

Common Deficiencies:

- Elevated blood pressure not reassessed and documented
- Documentation in chart includes ranges and not the exact blood pressure (i.e., running in the 130s/80s)
- Blood pressures from telemedicine visits not documented



Gaps in Care Take-away actions

Take-Away Actions-HEDIS MRR & Closing Gaps in Care

Educate staff on EMR capabilities and location of documentation. or appropriate staff resource (i.e., BMI%, eye exams, POCT labs)

Work with ABHWV Quality to review EMR/documentation mock chart audits

If using an EMR, consider documenting ht/wt and BMI percentile on all visit types (not only well-visit)

Assess if EMR can drop BMI percentile into office note

> **Consider remote EMR** access during **HEDIS MRR**

Minimizes administrative burden for the provider, need to respond to fax requests and extra follow-up outreach

Work with copy vendors to ensure adequate turn-around time for medical record submission during **HEDIS** season

If received after the NCQA deadline, documentation cannot count!

For the WCC measure (BMI%, **Nutrition and Physical Activity).** include the plotted BMI percentile chart along with the office notes

Fill out EPSDT forms

When clinically

appropriate,

utilize sicks visits to

recommend and

administer vaccines.

capture BMI

percentiles, and

address nutrition &

physical activity

During HEDIS MRR, **EPSDT** forms help with WCC measure -Nutrition/Physical activity when filled out

Send all forms of immunization records (admin logs, HD records /other providers if separate.)

Document if Rotavirus is Rotarix vs Rotatea

Send all lead tests. including POCT/in-office, outside lab

in their entirety

Take-Away Actions-HEDIS MRR & Closing Gaps in Care

Consider supplemental data feed

Consider submitted medical records for year-round chart review

Encourage members

to record blood pressure at home and document member reported blood pressure in record

Take advantage of Telehealth opportunities and the use of memberreported BPs For Diabetes Care, include retinal eye exams and A1c test results with the medical record.

This includes in-office/pointof-care A1c tests, outside lab results, and any eye exam specialist notes, results and/or letters

Retake and document blood pressures when equal to or above HEDIS thresholds

(equal to or above 140 systolic, AND equal to or above 90 diastolic)

BP CPT II codes

For Cervical Cancer
Screening, please send all
pap tests in look back
period AND

GYN history or any documentation where pap tests or total hysterectomy documentation live!

Assess & document pap history and specific hyst type (total, complete, partial, vaginal, radical, etc.) For Prenatal and Postpartum Care

send member's prenatal & postpartum record for the pregnancy requested, including office notes, OB flowsheets, OB labs, ultrasounds and delivery note

For
Postpartum Care
nsider scheduling

consider scheduling PP visit prior to hospital discharge

Send *any* visits within the PP time frame.
Other criteria elements can include c-section check, family planning, contraception, etc.

Questions?

ABHWV website **HEDIS** Section

NEW Provider

There is now a HEDIS tab within the Provider Tab on the ABHWV website. The following are now available:

- 1. What is HEDIS? a short description of HEDIS
- 2. **HEDIS News You Can Use** –emailed to providers each month and will be available on the website, including current and prior months
- 3. **HEDIS Toolkit For Provider Offices** comprehensive document of all HEDIS measures, including a coding/billing section. This is updated annually or sooner as needed.
- **4. HEDIS Lunch and Learn Webinars For Providers** monthly webinars such as the one today. Links for past webinars and invite information for the next upcoming Lunch and Learn will be here.

https://www.aetnabetterhealth.com/westvirginia/providers/hedis



Closing Thoughts and Resources

Members trust you!

Patients consider you their most trusted source of medical information.

Your guidance and encouragement is critical in their health management.

Allow time for discussion and questions. Hearing your answers can help patients feel more confident and comfortable.

ABHWV Quality Partnerships

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Event Partnering

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EMR supplemental feed and yearround medical record review options

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Other Resources

ABHWV Integrated Care Management

Refer member to Aetna Better Health of West Virginia Case Management:

- Fax to 844-330-1001
- Call 1-888-348-2922

Great Resources:

https://www.ncqa.org/hedis/

https://www.aetnabetterhealth.com/westvirginia/providers/hedis





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